

Registration & Payment

Send your name, private address, country, affiliated Institute (if any), e-mail address and fee-category (for example 2B) to egatinsd2024@iga-aarhus.dk

Payment to Bank:

Jyske Bank (Vesterbrogade 9, 1780 Copenhagen)

Receivers name: IGA Aarhus

IBAN: DK9151480001322975

SWIFT: JYBADKDK

Mark 'your first and last name'.

You will get a confirmation of participation, when payment is concluded.

Deadline for registration is 16.4 2024.

| Fees - Category: | A | B |
|--------------------------------|-----------------|----------------|
| | Before 1.2 2024 | After 1.2 2024 |
| 1 EU + Norway, Switzerland, UK | 270 € | 305 € |
| 2 Non-EU / outside Europe | 210 € | 245 € |
| 3 Students in DK | 215 € | 250 € |
| 4 Students outside DK | 185 € | 220 € |
| 5 On-line | 50 € | 50 € |
| 6 On-line students | 40 € | 40 € |
| 7 Accompanying person | 90 € | 100 € |
| 8 Solidarity fee | 350 € | 350 € |

Fees (except 5+6+7) include full program, all meals and Gala dinner Saturday evening. Category 7 is for the Saturday evening event. On-line includes streaming of presentations and AGM (voting possibility not settled). Cancellation before 1.3: -15%, before 1.4: - 50%, after 1.4: no return of fee.

EGATIN Study Days in Aarhus 2024

Transportation to Aarhus

From Aarhus Airport: Bus 925X to Aarhus Railway station

Taxi from 125-140 €

From Billund Airport: Bus 912X to Aarhus Bus station

See: www.bl.dk

From Copenhagen Airport: Train to Aarhus H

Accommodations

At the venue 18 simple rooms available:

154€ for 3 nights, breakfast 7€. Send your request for this option

asap to egatinsd2024@iga-aarhus.dk

Hotels

Wakeup Aarhus (€) - breakfast not included

Scandic the Mayor (€€)

Scandic Aarhus City (€€)

Hotel Atlantic (€€)

Radisson RED Aarhus (€€)

Hotel Marselis (located halfway between city center and venue) (€€€)

Milling Hotel Ritz (€€€)

Comwell Hotel (€€€)

Hotel Royal (€€€€)

We have no special prices for the hotels. Prices vary. We recommend you search at the web directly or through booking sites.

Transportation to the venue

The Diaconal University College is 5,9 km from city center and Café Hack. Taxi is approx. 265 Dkr.

City bus (Midttrafik) line #100 (3€) takes 13 minutes from city center to a stop 5 minutes' walk from the venue.

Registration

At arrival at the venue, you can check-in and get your name tag, list of participants, presentation of presenters, group allocation and dinner entrance card. No bag or writing utensils are provided.

Lunch & serving

The cantina from which food is served is right outside the main hall. The food will be varied, healthy and ordinary Danish.

EGATIN history

A display of photos from EGATIN Study Days through the years will be arranged.

Welcome reception on Friday

You are provided a full meal and drinks.

Gala dinner on Saturday

The Gala Dinner will be held at Café Hack on Saturday. We shall dine in the salon on top of the café and enjoy rest of the evening downstairs. - Please, give notice, when you arrive for registration if you have special allergies or prefer vegetarian food (Saturday).

After the Study Days: You will receive a Certificate of attendance.

Venues

The Diaconal University College in Aarhus

Lyseng Allé 15H, 8270 Højbjerg

www.diakonhojskolen.dk

Café Hack - Teatergaden 1, (Bishops Square)

www.restauranthack.dk

More information

On Bursary Application (form), Presenters, Presentations, Abstracts, City Maps, Bus Tickets, etc. look here:

European Group Analytic Training Institutions Network
www.egatin.net

Institute of Group Analysis, Aarhus
www.IGA-Aarhus.dk

EGATIN Committee

Marina Brinchi, Chair
Anneli Bittner
Egle Pauziene
Linde Wotton
Mirjana Pernar
Taras Levin

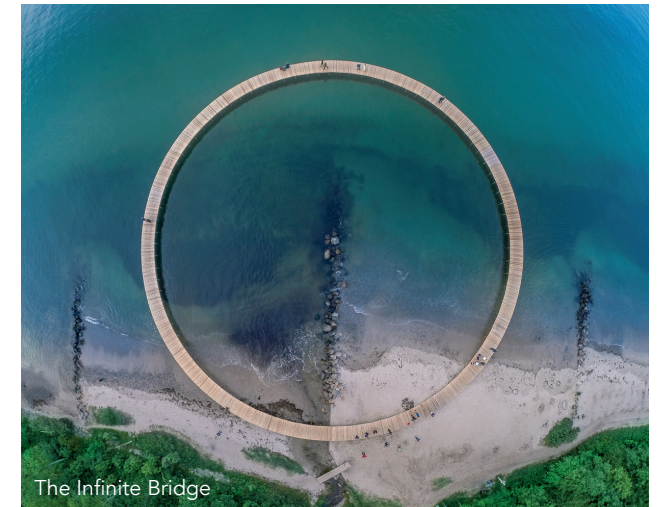
Local Organising Committee

Kristian Valbak, Chair
Ana Loncar Knutsen
Lene Hjort
Kristian Rokkedal
Susanne Broeng

EGATIN

Study Days & AGM

26.-28. April 2024 in Aarhus



The Infinite Bridge

In Times of Disruption - Who and What is Group Analysis for and Where are we going in Group Analytic Training?



Institute of
Group Analysis
Aarhus



EGATIN
European Group Analytic
Training Institutions Network

INTRODUCTION

Dear participants,

In recent times, our existence has increasingly met with alarming reports and evidence of human suffering caused by wars and climate changes with weather disasters, like droughts, floods, and heatwaves. Millions of people are driven from their homes, and many can only survive with help from outside. The pandemic has isolated us and made us more cautious about our contacts with our fellow humans. Geopolitically, there is a movement toward protection from external threats and a desperate protection of our known resources. The downfall and disruption in recent years seem endless. It's as if Pandora has opened the jar - again!

The political and economic climate has become more polarized and confrontational, and inflation has caused shortages in living standards and cutbacks in healthcare institutions. A civilized society, it is said, can be measured by how it takes care of the weakest members, the ill and mentally vulnerable. In present times, it is shameful to realize how little attention is paid to failing health systems.

However, Group Analysis was born during a devastating war in Europe. Traumatized men from the fronts were gathered in groups as an experiment to regain their sanity. Hope was sought and found in the darkest times. Group analysis developed along two lines: as a theory to understand human group dynamics and as a treatment option, along with other group therapies. Just as psychotherapy was the treatment for personality disorders, group analytic psychotherapy found its place as an evidence-based option for personality disorders and various other conditions, like eating disorders, depression, sexual abuse, and psychotic disorders. Furthermore, the experience was that a supportive and modified group analytic psychotherapy was needed for use with psychiatric patients. We work with the view that all group analytic psychotherapy is applied!

The Institute in Aarhus, which became a member of EGATIN in 1991, was founded by psychiatrists and psychologists in a large psychiatric hospital with a psychotherapeutic department. The hospital provided space and encouraged education in exchange for skilled group analysts who could contribute to a diverse treatment of psychiatric disorders.

In the last ten years, there has been waning interest in psychoanalytic psychotherapy, and fewer applicants for the educational programs. In Denmark, a persistent economic strain on the mental health sector has led to a shortage of beds, staff, and experience. A situation that has just recently prompted more resources to be allocated to this area.

The global disruptions have affected resources for the health sector and social care in many countries. The horror of the brutality and destruction caused by human behavior has led to social anxiety, individual fear and distrust. This has also permeated our training organizations and professional societies.

Where do we stand now? Can we find common ground and develop our professional knowledge and corresponding training? Let's talk!

Kristian Valbak



FRIDAY 26. of April

Who and What is Group Analysis for?

- 09:00 - 10:20 Business Meeting (EGATIN Committee only)
- 10:30 - 12:00 Sensitivity meeting with delegates (Delegates only)
- 12:00 - 13:00 Registration
Lunch available 12.00-13.00
- 13:00 - 13:30 **Opening / Welcome**
by Marina Brinchi (Chair of EGATIN) & Kristian Valbak (Chair of LOC)
- 13:30 - 15:00 **Session 1**
Chair: Kristian Valbak (IGA-Aarhus)

Sigmund Karterud (IGA-Norway) - P1
'Theoretical and clinical Challenges with applied Group Analysis' (45 min.)

Ole Karkov Østergård (IGA-Aarhus) - P2
'Who are Short-Term Groups for? A Study of Students' (30 min.)
- 15:00 - 15:30 Break with coffee/tea & cake
- 15:30 - 17:00 Small discussion groups (1-8)
- 17:00 - 17:15 Break
- 17:15 - 18:45 **Large Group I**
Conductors: Linde Wotton (IGA-London) & Peter Ramsing (IGA-Aarhus)
- 19:00 **WELCOME RECEPTION**
Drinks & Meal

The blue sections to be streamed, the AGM intended to be also hybrid (two-ways).

SATURDAY 27. of April

Where are we going in Group Analytic Training?

- 08:00 - 09:00 Meeting of EGATIN Committee with Trainees
- 09:15 - 10:30 **Session 2**
Chair: Mirjana Pernar (IGA-Zagreb)

Ljiljana Moro (IGA-Zagreb) - P3
'Group Analytic Training in Times of War and Peace. What has Group Analysis given me' (30 min.)

Farhad Dalal (IGA-London) - P4
'Disruptions from the Periphery. From EGATIN to IGATIN?' (30 min.)
- 10:30 - 11:00 Break with coffee/tea and fruit
- 11:00 - 12:30 **Large Group II**
- 12:30 - 13:30 Lunch
- 13:30 - 14:45 **Session 3. Trainees' presentations**
Chair: Ana Loncar Knutsen (IGA-Aarhus)

Linn Stormby-Szöllösi & Charlotte Sleimann (IGA-Aarhus) - P5
'Stand by me. When a Youth Group tumbles and falls' (30 min)

Lene Hjort (IGA-Aarhus) - P6
'Recognizing Disruption in the Group Matrix' (30 min.)
- 14:45 - 15:00 Break
- 15:00 - 16:15 Small Discussion Groups
- 16:15 - 16:30 Break with Water & Fruit
- 16:30 - 18:00 **Large Group III**
- 19:15 - 24:00 **Gala Dinner & Dance**

SUNDAY 28. of April

EGATIN Business Meetings

- 09:00 - 10:00 Delegates sensitivity meeting (Delegates only)
- 10:05 - 11:00 EGATIN Policy meeting (observers welcome)
- 11:00 - 11:30 Break with coffee/tea, fruit
- 11:30 - 13:30 EGATIN Annual General Meeting (observers welcome)